Hearts of Grace MINISTRIES
Discovering Who You Are in Christ

WORKSHEET 1

Discovering Your Spiritual Gifts

God has given every one of His children gifts — not to compare, but to share. There are no wrong answers here, and no grades. Read slowly, pray as you go, and simply notice what sounds like you. Gifts grow as we use them.

"Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone. To each is given the manifestation of the Spirit for the common good."
1 Corinthians 12:4–7, ESV

"Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; the one who teaches, in his teaching; the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness."
Romans 12:6–8, ESV

Which of these sound like you?

Tick any that feel familiar — even a little. You do not need to tick many. One or two honest ticks are a wonderful place to begin.

- ☐ **Serving** — Happily doing practical things that help others and meet a need.
- ☐ **Encouragement** — Lifting others with words that give hope, comfort, and courage.
- ☐ **Leadership** — Guiding a group toward a shared purpose, with care for people.
- ☐ **Faith** — Trusting God deeply, and helping others hold on to Him.
- ☐ **Discernment** — Sensing what is true and right — and what is not.
- ☐ **Administration** — Organizing people and details so things run smoothly and well.
- ☐ **Teaching** — Explaining God's truth clearly, in a way others can understand.
- ☐ **Giving** — Sharing time, resources, or money generously and joyfully.
- ☐ **Mercy** — Drawing close to people who are hurting, with compassion.
- ☐ **Wisdom** — Offering sound, godly counsel for life's questions and decisions.
- ☐ **Helping** — Coming alongside others to carry a load or finish a task.
- ☐ **Hospitality** — Making others feel welcome, at ease, and at home.

Listening to Your Heart

1. Which three gifts made your heart say, "That's me"?

Look back at your ticks above, and write the three that stood out most.

1. **Gift 1** _____
2. **Gift 2** _____
3. **Gift 3** _____

2. Where have others seen this in you?

Has a friend, family member, or someone at church ever thanked you for one of these things, or pointed it out in you? Write what they said, as best you remember it.

_____

_____

_____

3. In your own words

Is there a moment when helping or serving someone left you feeling quietly glad — as if you were made for it? Write a little about it here.

_____

_____

_____

A gentle reminder: a gift does not have to feel big to be real. A kind word, a meal carried next door, a prayer whispered for someone — God uses small, faithful things. And gifts grow as we use them, so what feels small today may strengthen over time.

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WORKSHEET 2

Your God-Given Abilities & Passions

Your gifts are not only what you do in church. The abilities that come naturally to you, the things you have lived through, and the things that stir your heart — God wove all of it into who you are.

"For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."
Ephesians 2:10, ESV

Abilities and skills God has given you

Things that come naturally to you

Cooking, organizing, fixing, listening, making music, working with your hands, making people laugh — nothing is too ordinary to write down.

Things people ask your help with

What do friends and family come to you for? That is often a clue to an ability God has placed in you on purpose.

Your Story and Your Heart

Experiences God has brought you through

Hard seasons, losses, recoveries, lessons learned the long way — God wastes nothing. What you have lived through could one day be the very thing that helps someone else hold on.

Your passions

What brings you joy?

The activities, places, or kinds of helping that leave you energized rather than drained.

What burdens your heart for others?

Is there a need, a group of people, or a kind of hurt you cannot stop thinking about? That burden may be a signpost.

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WORKSHEET 3

Bringing It Together

Now gather what you noticed in the first two worksheets, and take one small, gentle step with it. Small and specific is enough — God is in no hurry with you.

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."
1 Peter 4:10, ESV

My top three gifts and abilities

From Worksheets 1 and 2, write the three that feel truest to you right now.

1. **1st** _____
2. **2nd** _____
3. **3rd** _____

One way I could use them to serve in the next month

Keep it small and specific — one person, one hour, one kind act is a beautiful beginning.

_____

_____

One person or ministry I could talk to

_____

A prayer to begin

"Lord, show me where You want to use me..."

_____

_____

_____

You were created with intention.
There is a place for your gifts.

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